

October 2016: Lovelady I.S.D. Line 1 Lunch Menu

Milk Choices (Daily):

1% White
Fat Free Chocolate
Fat Free Strawberry
Fat Free Vanilla



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Lunch Prices

Student

PK-6th...\$2.50

7-12th...\$ 2.65

Staff.... \$3.75

Visitor

Adult.....\$4.00

Child..... \$2.50

Extra

Entre'..... \$1.50

Fruit/Veg.....\$.50

Milk/Juice...\$.50



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Chopped BBQ Beef Popcorn Chicken w/gravy Baked Potato w/sour cream/cheese Steamed Broccoli w/Cheese Roll Peaches	4 Chicken Alfredo w/ breadstick Cheese Stuffed Bread Sticks (2) w/ Marinara Romaine Salad w/ dressing Green Beans Grapes	5 Tamales Beef and Cheese Nachos Pinto Beans Lettuce and Tomato Salad w/ dressing Pineapples	6 Salisbury Steak w/ brown gravy Steak Fingers Rice Mixed Vegetables Black Eyed Peas Cornbread Mixed Fruit	7 Grilled Cheese Sandwich Turkey and Cheese Sub Cucumber Sticks w/ dressing Chocolate Chip Cookie Strawberries
10 Chicken Drumsticks Fish Sticks w/ Ketchup Macaroni and Cheese English Peas Carrot Sticks w/ dressing Roll Fruit	11 Chili Cheese Dog w/ mayo and mustard Frito Pie w/ Cheese Churro Beans Baked Fries w/ ketchup Fruit	12 Beef Spaghetti w/ garlic bread Meatball Sub w/ chips Romaine Salad w/ Dressing Corn Fruit	13 Chicken Rings Steak Fingers Mashed Potatoes w/ gravy Green Beans Roll Fruit	14 Beef and Bean Burrito Soft Tacos w/ Salsa Lettuce and Tomato Black Beans Fruit
17 Meat Loaf Meatballs w/ gravy Au Gratin Potatoes Steamed Broccoli Roll Fruit	18 Chicken Fajita w/ salsa Beef Fajita w/ salsa Refried Beans Spanish Rice Lettuce and Tomato Fruit	19 Chicken Bowl <i>(Potatoes, Corn, Popcorn Chicken, Gravy)</i> Steak Fingers w/ Ketchup Mashed Potatoes w/ gravy Glazed Carrots Roll Fruit	20 Lasagna w/ breadstick Turkey Cheese Wrap Romaine Salad w/ dressing Italian Blend Vegetables Fruit	21 Pinto Beans, Sausage, Rice Cornbread BBQ Burger Potato Salad Grape Tomatoes w/ dressing Fruit
24 Chicken Tenders w/ breadstick Mashed Potatoes w/ gravy Seasoned Green Beans Garden Salad Oranges and Grapes	25 Egg Roll General Tso's Chicken Sweet Peas Asian Rice Garden Salad Sweet and Sour Sauce Cantaloupe	26 Cheese Pizza Peperoni Pizza Seasoned Corn Romaine Salad w/ dressing Apples and Grapes	27 Chicken Fried Steak Steak Fingers Mashed Potatoes w/ gravy Sunshine Carrots Garden Salad Applesauce Cup	28 Oven Fried Catfish Popcorn Shrimp Baked Beans Coleslaw Hushpuppies Fruit
31 Chicken Spaghetti Swedish Meatballs Scalloped Potatoes Green Peas Tropical Fruit		Menu Is Subject to Change		

GRAB ~N~ GO

SALADS

Grades 3 -12th

w/: Fruit, Dressing &
Crackers

Mon: Grilled Chicken

Tues: Turkey Salad

Wed: Ham Salad

Thurs: Crispy Chicken

Fri: Chef Salad



The U.S Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)

October 2016: Lovelady I.S.D. Line 2 Lunch Menu 3rd Grade - 12th Grade Only

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Extra

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Fruit/Veg.....\$.50

Milk/Juice...\$.50



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Chopped BBQ Beef Burger Turkey Cheese Wrap Baked Fries w/ ketchup Carrot Sticks Apples, Oranges	4 Corndog w/ mayo and mustard Peperoni Pizza Romaine Salad w/ dressing Corn on the Cob Fruit	5 Chef Salad Hot Pocket Pinto Beans Lettuce and Tomato Salad w/ dressing Fruit	6 Egg Roll w/ sweet and sour sauce Chicken Quesadilla w/ salsa Veggie Cup w/ dressing Sweet Potato Tots w/ ketchup Fruit	7 Cheeseburger Grilled Chicken Burger Mayo and Mustard Burger Stack Smiley Fries w/ Ketchup Strawberries
10 Ham and Cheese Sub Hot Dog Carrot Sticks w/ dressing Grapes	11 Steak Burger Breaded Chicken Burger Burger Stack Mayo and Mustard Baked Fries Fruit	12 Peperoni Pizza Cheese Pizza Romaine Salad w/ dressing Corn Fruit	13 Chef Salad Mini Corndogs w/ Mayo and Mustard Smiley Fries Veggie Cup w/Dressing Fruit	14 Quesadilla w/ Salsa Pizza Sticks Lettuce and Tomato Black Beans Fruit
17 Rib Burger w/ BBQ sauce Grilled Chicken Burger Mayo and Mustard Burger Stack Baked Fries w/ ketchup Fruit	18 Chef Salad Chicken and Swiss on Texas Toast w/Chips Broccoli Florets w/ dressing Grape Tomatoes w/ dressing Fruit	19 Chicken Taquitos w/ salsa Carrot Sticks w/ dressing Corn on the Cob Fruit	20 Hamburger w/ burger stack Corn Dog Mayo and Mustard Smiley Fries w/ ketchup Veggie Cup w/ dressing	21 Pepperoni Pizza Cheese Pizza Romaine Salad w/dressing Grape Tomatoes Fruit
24 Calzone Mini Corndogs Tater Tots Cucumber and Tomatoes Fruit	25 Enchiladas Tamales Carrots and Celery Sticks Cantaloupe	26 French Bread Pizza Pizza Sticks Grape Tomatoes Romaine Salad Apples and Grapes	27 Pizza Pockets Hot and Spicy Chicken Romaine Salad w/ dressing Celery and Carrot Sticks Chilled Fruit	28 Quesadilla Burritos Garden Salad Carrot Sticks Apple Sauce Cup
31 Chicken Nuggets Steak Fingers Baked Fries Carrot Sticks Fruit		Menu Is Subject to Change		

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